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WHAT'S IN MY BAG?

Superstar on the go! **Molly Shannon, 50,** unpacks her essentials

I always throw a banana in my purse, because I love them!" says the star of *Me and Earl and the Dying Girl* (out now). "My doctor said, 'You're low on potassium. You need to eat more bananas.' I was like, 'What? That's all I eat!'" The mom of Stella, 11, and Nolan, 10 (with artist husband Fritz Chesnut, 42), peels open her Giorgio Armani purse for *Us*.
PHONE A FRIEND
 "When people start talking about technical

things, I get really overwhelmed. So I have a business card for this guy at T-Mobile who helps me. He's so calm and explains things."
BUZZWORTHY BALM
 "My kids and I did the Bee Experience at the Carmel Valley Ranch, and it was incredible! I got this great lotion from the bees called Carmel Bee. You can put it on your elbows and your knees."
MILE-HIGH MEDICINE
 "I have vitamins from my acupuncturist that I take

when I fly that prevent me from getting a cold. Acupuncture is amazing. I love it!"
DON'T SUGARCOAT IT
 "I'm not really a candy person at all. But I do like Halls cough drops as a sweet treat once in a while."
DO THE MATH
 "We're taking a trip to Northern California and I plan on having the kids practice their multiplication tables in the car, so I have a sheet with me."



SCOTT KIRKLAND/PICTUREGROUP